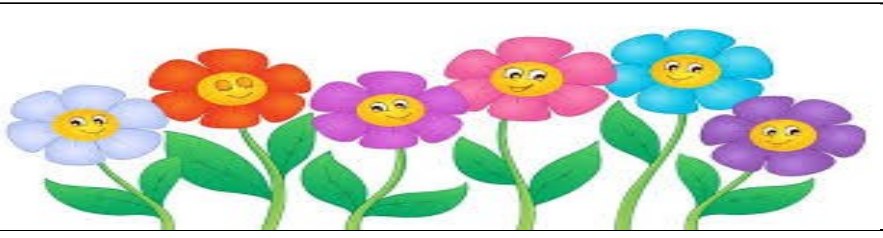


# Inside This Issue



April 2022

# The Threshold Times

Threshold Clubhouse- Durham, NC

"All the News We See Fit To Print"

## What I Have Been Doing

By: Alex

1. I have been playing video games
2. have being playing NBA 2k22
3. I beat the season play offs
4. Then my player that won LeBron James

## Member Report for FJ

Greetings member of the board of Threshold,

Though we are struggling and troubled during COVID, we are pressing forward. Our effort at becoming better citizens with the help of staff is paying off. We no longer feeling circled with confusion and hostility. We are giving it our best shot at bettering our well-being. I haven't been to many Threshold days, but I do receive input from cients as I meet them in the neighborhood. I am thriving to keep in touch with our members though I work, and it is laboring work. I will continue to do the best I can in sharing information between members and the board of directors. Looking forward to our next meeting and farewell and peace be with you.

## Spring in a picture

By TKW



Please visit our website at [www.thresholdclubhouse.org](http://www.thresholdclubhouse.org)

## April on the Way

By: Anonymous

A new sunny day just like a few thunder boomers on the okay coral. A new day for scattered rain showers to bring May flowers and an Easter bunny with many goodies. And to say a newer sunny avenue brings a new way an outlook on things, a way to say hi and lets stay for awhile

Now we picture our castle by the sands and a new tree just for us all to be planted by me and just to be me, you, I , or we. Today have a smile on your face and never to be disgraced. April brings spring weather and a cookout for us all to get together. April oh April. We will see you all hopefully and see the ocean by the sea.



## Spring Time Resolutions

"I'd like to start working out more." - TW

"Stay away from pollen." -MN

"Keep going to the post office on time."- CM

"Try to get my exercise."- JT

## April Fools!



What did one dog  
to the other on a  
sunny day...  
Are you a hot dog?  
No I am a little chili.

Where do dogs go  
to eat lunch?

The Dog house.

Why did the elephant get  
kicked out of the pool?

He kept dropping his trunks!

What did one monkey Say to  
the other one?

We are going ape!

The beginning of spring  
By TW



### Motivational quotes:

PE- "Be Happy"

QJ- "Always love yourself"

LG- "Taking Chances"

### Quote of the day

Always obey your parents  
when they are present.  
-Mark Twain

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### A Country that I Would Like to Visit

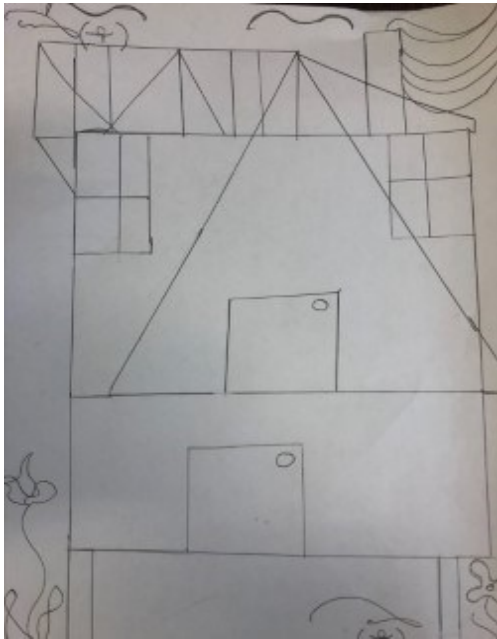
By: WU

One Country that I would like to visit is Great Britain. It has good scenery, plus an interesting climate. In spite of the fact that this country is farther north than anywhere in the Lower 48 of the US. Its climate is relatively mild. That is because of the influence of the Gulf Stream. But because it is so far north it gets a lot of cyclonic activity which results from its proximity to the Icelandic Low. The Icelandic Low makes for a lot of stormy weather, especially in water.

The people of Britain speak English, but it sounds different than American accents. In a way it is quite fascinating and entertaining to listen to Corraine Bullock, the lady who used to ...speak with a heavy British Accent. And there are some newscasters like Julia Carpenter by WUN TV, who speaks with a very distinctive British accent.

I wouldn't mind visiting such British landmarks as the British parliament or Buckingham Palace.





*Illustration by Anonymous*

### Exercise

By: JT

Hi my names is Jasmine Thomas. I am telling you about experiences of my weight loss. I have been trying to lose weight but it is a little hard to keep up the good work. Exercising can be a challenge to face at a young age especially when you keep growing in a positive way. Good things come to those who wait especial when we we have fears to face even when things seem out of control and even when doubt surfaces that leads to trying to eat non-healthy foods. I want to try and cook more at home and eat out on certain days when feeling up to it.

### A House We All Build For April Showers

By Anonymous

April showers bring May flowers. This house is a cottage beside the ocean front. Now Threshold is a key to communications, stability, and leadership. To all this, the clubhouse is the key, to the members, Fellowship every day. Leadership and a place to hang and talk and walk. Back to April showers. Oh maybe a thunder boomer on the side. This cottage is my dream coming true. Remember, America and our flag are red white and blue. Now a new flower blossoms every day. The trees with bud and be on our agenda. Where one note, a good quote, is not jokes. Just have a good persona, and we all will have a great day.



# April 2022

## Zoom Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 <i>11:00 Travel 2:00 Games</i>	5 <i>11:00 Journaling 2:00 Healthy living</i>	6 <i>11:00 exer- cise 2:30 Em- ployment 3:00 Lan-</i>	7 <i>11:00 Crafts 3:00 math 4:00 Games</i>	8	9
10	11 <i>11:00 Travel 2:00 Games</i>	12 <i>11:00 Journaling 2:00 Healthy living</i>	13 <i>11:00 exer- cise 2:30 Em- ployment 3:00 Lan-</i>	14 <i>11:00 Crafts 3:00 math 4:00 Games</i>	15	16
17	18 <i>11:00 Travel 2:00 games</i>	19 <i>11:00 Journaling 2:00 Healthy living</i>	20 <i>11:00 exer- cise 2:30 Em- ployment 3:00 Lan-</i>	21 <i>11:00 Crafts 3:00 math 4:00 Games</i>	22	23
24	25 <i>11:00 Travel 2:00 Games</i>	26 <i>11:00 Journaling 2:00 Healthy living</i>	27 <i>11:00 exer- cise 2:30 Em- ployment 3:00 Lan-</i>	28 <i>11:00 Crafts 3:00 math 4:00 Games</i>	29	30

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**April Newsletter**

If you wish to receive our newsletter via email, please contact Threshold: [clubhouse@thresholdclubhouse.org](mailto:clubhouse@thresholdclubhouse.org)

