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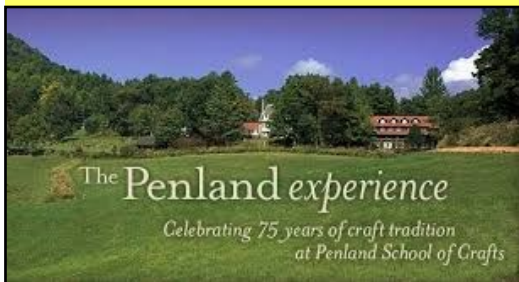
June 2023

The Threshold Times

Threshold Clubhouse- Durham, NC

"All the News We See Fit To Print"

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My Trip to Penland School of Crafts

By KEC

The week of April 30th through May 5th I went to Penland School for a workshop called "Poetic Portraiture". I love taking workshops because I learn so much, but also for the environment. Penland restores my faith that world peace is attainable. Everyone is there to absorb themselves in their chosen craft and to learn as much as they can in one or two weeks. The instructor

is not the only one who teaches, everyone learns from each other. One learns on their level and many take it to a higher level. We share meals in a large dining hall 3x/day. The food is also great. The residences are from dorms to private rooms.

The environment is one of peace. There is no "road rage", if you are in a golf cart as I was, any car or truck behind you knows that you will pull over as soon as safe. Yelling and screaming does not exist. Everyone is helpful. Loving kindness and enriched learning are the standard.

We end with a show and tell. Everyone marvels at the work created in a week or two. Then we leave with many hugs from our old and newly found friends.



Carnival Time!

By JM

Threshold had our second carnival on May 4th. It was very fun. We played corn hole and bowling and skee ball where you throw the ball and try to get it in a hole that is worth points. We also had corndogs and cotton candy. It was very fun to me because it gave me a chance to be with fellow members and I hope we will have it again!



Please visit our website at www.thresholdclubhouse.org

Inspirational Words by DS

There are days we all have struggled with
There are days we all have thrived
There are days we can't go figure
There are days we all go ride
There are times we make it natural
There are days we all take pride
There are days we all take serious
There are days we all laugh and smile
There are days we hope for everyone
There are days we all pray for something



One day while I was out walking
Talking to myself
Carrying on a conversation
Deep inside of my head
A voice spoke very clearly
This is what it said
What you get from life is freedom
That is what you'll have
Young man, Young man
So believe it when I tell you
Life gets shorter every day
Live hard while young and strong
Don't let it slip away
Beauty passes quickly
Time it marches on
We all get to face the music
In the real world all alone
In time we all are equal
One life is all we see
Like pieces of a puzzle
We're all part of God's mystery

What Is Your Favorite Fast Food Restaurant?

What is my favorite fast food restaurant is Burger King. Why? Because it's my favorite fast food restaurant in the world. My favorite is the Whopper, it's got hamburger, cheese, and everything. It's so delicious and it's one of my favorites. And everybody wants to eat at Burger King, and I loved it there. FYI: Also my favorite fast food is Pizza Hut. It's my favorite too, and I still love Pizza.



By MP

Right now, I would say the Pizza Hut. They sell pan pizzas there, and I am quite fond of pizzas. I get to choose the toppings that I want on them, and my favorite toppings are anchovies, mushrooms, and red onions. Not all restaurants serve pizza with these toppings. That I just mentioned. Unfortunately most of the Pizza Hut restaurants in Durham have closed. I would like to eat there next time I have a date.



By BU

The Career Services Unit is leading a Walking Group on Mondays and Fridays at 10:45 am and an exercise class is on Wednesdays at 10:00



The Kitchen Unit Happening News

By SM

How dee do. Its time for a greater happening news. In our coming attractational menus to a brighter start its time for us to go into action and do our normal routing. Now its time for a new dish to whip up really quick. My favorite is the all-American hotdogs with chili, mustard, ketchup, onion and pickle relish with baked beans. On thing the flag flies for high rating and ratios and no shows. To be an all American frank we play no pranks. Its still everybody's ball game. As you can see, sit down, sit a spell for a fresh brew cup of coffee.

June 2023

SRE Calendar all activities are in person from 3-5 (except camping)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 NO ACTIVITY	2 Camping	3 Camping
4 Camping	5	6	7	8 Hike and Picnic at Bethesda Park	9	10
11	12	13	14	15 Karaoke & Name that tune	16	17
18	19 Holiday 10-3 Juneteenth	20	21	22 Pizza & Games	23	24
25	26	27	28	29 Movie	30	

Spring Has Sprang

By SM



Oh my its here. Just to see the birds, bees, and the flowering buds on the trees. Warm sunny weather makes family and friends gather. Share a cook out meal at a picnic table or by a shelter at a park. Now we all say we are sorta like Joan of Arc. Now the spring weather we all say is delightful but sometimes the thunderstorms are ferocious and the rains come in sheets pouring down from the sky. Now the time and the days are getting longer and I take a journey and a stroll with a good book at a rainbow and look at the beautiful sky and just remember its synopsis of the promise of earth. Beautiful poems are literary. Library at Threshold is a happening spot. So enjoy spring it has sprung.

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June 2023 Newsletter

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