

**Inside  
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Issue**



celebrate  
**BLACK HISTORY MONTH**

February 2023

# The Threshold Times

Threshold Clubhouse - Durham, NC "All the News We See Fit To Print"

**Thanks to all of our fabulous supporters who have made it possible for us to serve the Durham community for the past 38 years!!**



Thank YOU for making it possible for us to provide critical services for adults with Severe and Persistent Mental Illness living in Durham. Threshold welcomes new members each year and continues to serve those who are longtime members of our Threshold family. Although we do receive Medicaid and state funding, your gifts provide critical support for our operating costs that exceed these income streams by about 30%. We continue to take pride in our East Durham location where many Threshold members live. Thank you all for supporting us as we rebuild our services after COVID and look forward to new growth in 2023.

*Black History Month is important because we had to fight for our rights in this country. JKT*

*It is important to celebrate our culture and what we stand for. TW*



*It educates me and helps me appreciate the sacrifices that were made for me. JA*

*To learn about how black people came up and that they can do the same things as white people. JH*

## Dear Journal,

It's a New Year at Threshold, and everybody is exciting, including me, with some new things that Threshold has to offer, and things changes, because a member left, and I missed the member so much. But it's really exciting, because the folks from the library is coming back to bring some books for us, it that'll be amazing? Yes. And I hope there's lots of surprises for 2023, and I hope to get ready for the Clubhouse people at Threshold to hoping for. HAPPY NEW YEAR!!!

Yours truly,  
MFP



**Please visit our website at [www.thresholdclubhouse.org](http://www.thresholdclubhouse.org)**

## Valentine's Winter Snowstorm of 1960

By BU

Usually we get snow in January, but not always. In the winter of 1960, when I was in the sixth grade, we didn't get any measurable snow until almost the middle of February. Most of the winter up until this time had been unseasonably warm, and I had been looking in vain for signs of snow. But on the Friday evening just before Valentine's Day, Miss Mattie Mae Lyon had sponsored a Valentine dance in the gym, which my mother was determined that I should attend because in those days I was pretty much devoid of social life. I had no interest in attending this dance, because my chief interest was the weather at this period of my life. However, once I got to the dance, I had a good time much to my surprise. There were plenty of girls that were more than willing to dance with me despite the fact that I was shy. When the dance was over and I went back home, Daddy wrote a poem about this experience which started like this:



“Billy went to a dance  
So that he would have a chance  
To take some whirls  
With the girls.”

Though I didn't know it at the time, a winter storm was brewing which would give us the first measurable snowfall of the winter. When I went to bed, I was basking in the romantic glow of my experience at the dance, but when I awoke the next morning, Mama had a surprise for me. She opened the curtains of my bedroom window, and I saw the ground was covered with snow. About two inches had already fallen. As the morning wore on, the snow increased in intensity, and it was accompanied by strong gusty wind which caused some blowing and drifting of the snow. Daddy predicted that this was going to be a really big snowfall, perhaps 8 to 10 inches or more.

## A Year 2022 To Remember

By SM



Remember jiminy timbers a friend and a confident to remember. A year full of memories, tears, no fears, but full of joy, oh boy. Lesson 2 a tribute I remember was a hurricane in September 2022. A new staff whom can we can share a couple of stats with us and a few laughs and a way for us all to enjoy our unit meetings with cordial greetings. Now Covid was a big issue and it made the news for current concerning dues. To a note one wrote “What's cooking in our lives of everyday woes that catches meows now memories and memorabilia with printed graffiti and one spaghetti noodle. Now we stroll as our lives toll we see a new theme. Back to Threshold now and see what a new year brings.



# February 2023

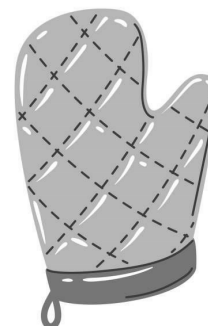
SRE Calendar all activities are in person from 3-5

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Bingo 3-5	3	4
5	6	7	8	9 Valentine's Party 3-5	10	11
12	13	14	15	16 Jeopardy /Family Feud 3-5	17	18
19	20	21	22	23 Village Lanes to Bowl 3-5	24	25
26	27	28				

## Kitchen Happening News

By SM

To a kitchen let's try out something new called oven mittens. And resolving to make a better menu so we can always participate. And how about a chicken cacciatore pot pie that seems a delectable eye. Let's make a spoon pudding bread just off the press with a delightful zest. Number one brings a big appetite and it's dynamite. Chow down time at Threshold is a beauty of intimacy city to be found. Now for dessert, a chocolate fudge round. And now our supervisor really is great to work with and a fine cup of bread for all the personas as well as you. Now you are in luck only one buck. Stick around and chow down.



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## February 2023 Newsletter

If you wish to receive our newsletter via email, please contact Threshold: [clubhouse@thresholdclubhouse.org](mailto:clubhouse@thresholdclubhouse.org)



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